

## Practical life skills

Today, while spending time In Sunshine Blue at Van Bao, "Kat" decided that she wanted to work on her serving skills. I was privileged to observe her hard work. She took the tray she wanted to her work area, sat down and proceeded to work on her serving skills. After picking up the serving tongs she very patiently grasped her "food" in one basket and transferred it to another basket. This was serious business. For the next twenty minutes she remained focused on her work moving her "food" from one basket to the other. When she was finally finished she sat for a bit with a look of satisfaction and then put away her activity and went to see what her friends were doing. She was delighted with her activity. I was too. Smile.



Here at Koala House Sunshine and Beehive classes are given basic instruction in how to use a variety of equipment and are then allowed work on their own to develop their practical life skills, such as serving, pouring, sweeping, cleaning, wiping, etc. Apart from developing confidence and independence to care for themselves and others, these activities also help the children to develop their concentration, hand-eye coordination, and fine motor skills.

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